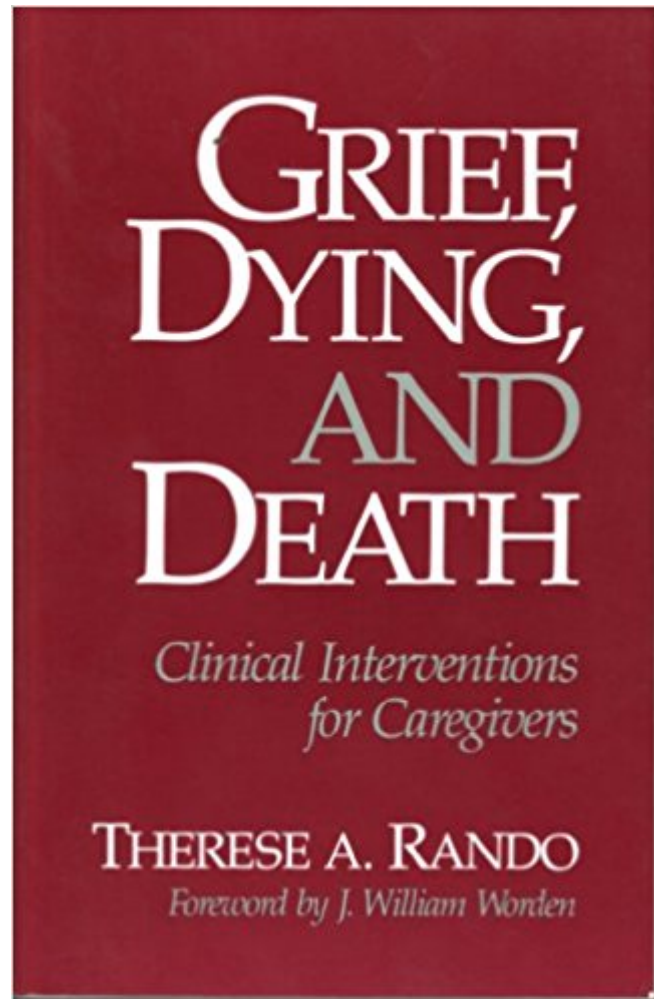


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# Grief, Dying, And Death: Clinical Interventions For Caregivers



## Synopsis

This book provides both the theoretical background and the practical treatment interventions necessary for working with those who are bereaved or dying. Important topics such as anticipatory grief, post death mourning, and the stress of grief are described in detail. Grief reactions, both normal and abnormal, as well as their causes are analyzed. Special attention is given to grief caused by the death of a child or spouse, death by suicide, and children's grief. Numerous exercises and case examples are included.

## Book Information

Paperback: 494 pages

Publisher: Research Press; 1st edition (January 1, 1984)

Language: English

ISBN-10: 0878222324

ISBN-13: 978-0878222322

Product Dimensions: 5.9 x 1 x 8.9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #143,863 in Books (See Top 100 in Books) #15 in [Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Caregiving](#) #292 in [Books > Self-Help > Death & Grief > Grief & Bereavement](#) #305 in [Books > Self-Help > Relationships > Love & Loss](#)

## Customer Reviews

I found Rando's book to be very valuable in understanding grief and loss and the reactions that people have to both. It spells out normal and abnormal reactions to loss and how to assess someone who may need support. I recommend this book, however, many of the chapters repeat themselves and the basic concepts could have been written in a book half the size.

I find Theresa Rando's book very timely and interesting. That's as a caregiver in a hospital setup it just became apparent that you can only help people grieving by first getting in touch with your own visceral feelings. And that's where she started it. Thus until one permits herself or himself to feel what is normal and natural of grief situation it becomes a mirage to be able to help others. By the author's skillful and in-depth discussion on Grief, the Reaction to Loss, she brought to bear all the processes which often times either exaggerated or minimised in some books. Thus by exposing what goes on in the shock, disbelief, denials and all other psychological manifestations of grief,

there is no doubt that whoever gets this book is on the way to becoming a good caregiver in whatever situation. Finally, I believe the author's work on *The Dying Child* made her stand out among many authors. The issue of societal reactions to the death of a child, the challenging reality of childhood terminal illness, and basic principles of care for the dying child among others points to the fact that, Theresa has left a landmark yet to be discovered by many. I found this book as a basic textbook, reference book, and a dictionary for grief and all death and dying topics that come my way in my caregiving activities and write-ups.

This is an academic book so it's not appropriate for those who are grieving or for friends who want to be supportive, but I consider it a must read for professional caregivers, doctors, nurses and therapists who are treating people who are dying and those grieving their loss. It is a well documented overview of the early research on grief and grieving. It provides exercises for practitioners to uncover their own issues with death, dying and grief, while providing practical interventions for working with those who are experiencing a death. Despite its age (1984) it should be required reading for all therapists, grief counselors and medical practitioners. Along with J. William Worden's, *Grief Counseling and Grief Therapy: A Handbook for the Mental Health Practitioner*, Fourth Edition, you'll get a rather complete education on the subject of death and grief. This is especially important for those who may have missed it in their academic training and now find themselves dealing with it regularly. For those who are grieving, I recommend Therese Rando's book, *How To Go On Living When Someone You Love Dies*. Susan Fuller Author of *How To Survive Your Grief: When Someone You Love Has Died*

This book captivates the issues in a easy understanding manner. excellent recommendations on how to work with your clients and how to deal with your own losses

Excellent book, well written! It was required for my masters degree, but it was written for anyone to understand.

I am reading this book now. As a Chaplain I find it an excellent resource for my hospice work.

Thank you for writing this essential text. Comprehensive and doesn't leave a stone unturned

Arrived on time and was as described.

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